

Welcome to Mitchell's Fish Market

Lunch - Summer Restaurant Weeks 2010

\$20.10

Fresh Salad (Select One)

Ceaser Salad

Romaine lettuce, parmesan cheese, garlic croutons

The Market's Famous House Salad

Carrots, cucumbers, cherry tomatoes, dates, pine nuts, poppy seed vinaigrette

Fresh Catch or Chef's Specialty (Select One)

Grilled Tilapia

Scallion mashed potatoes, market vegetables, shallot butter

Parmesan Crusted Chicken

Angel hair pasta, with herb garlic butter, lemon pan jus, fresh tomato basil relish

Blue Crab and Shrimp Penne

Alfredo cream sauce

Pecan Trout

Scallion mashed potatoes, green beans & mushrooms, browned butter sauce

Dessert (Select One)

Key Lime Pie

The fish market classic. Macadamia nut crust

Triple-Chocolate Mousse Cake

Layers of chocolate cake, milk chocolate mousse and dark chocolate ganache



203-323-3474 • 230 Tresser Blvd • Stamford, CT • www.mitchellsfishmarket.com
Steven Kulas General Manager • Christopher Gibson Executive Chef

FISH ANY FRESHER

WOULD STILL BE IN THE OCEAN

Welcome to Mitchell's Fish Market

Dinner - Summer Restaurant Weeks 2010

\$30.10

Fresh Salad (Select One)

Ceaser Salad

Romaine lettuce, parmesan cheese, garlic croutons

The Market's Famous House Salad

Carrots, cucumbers, cherry tomatoes, dates, pine nuts, poppy seed vinaigrette

Fresh Catch or Chef's Specialty (Select One)

Grilled Swordfish

Scallion mashed potatoes, market vegetables, shallot butter

Parmesan Crusted Chicken

Angel hair pasta, with herb garlic butter, lemon pan jus, fresh tomato basil relish

Triple Shrimp

Beer-Battered, Broiled, and blackened tiger shrimp, jambalaya rice, sauteed asparagus

Ginger Crusted Salmon

Stir-fry vegetables, sticky rice, orange ginger butter sauce

Dessert (Select One)

Key Lime Pie

The fish market classic. Macadamia nut crust

Triple-Chocolate Mousse Cake

Layers of chocolate cake, milk chocolate mousse and dark chocolate ganache



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